

# HPV Vaccine Starts at 9

## Why? How? NOW!

### Cancer Prevention Made Easy

HPV Vaccine is  
Cancer  
Prevention

It starts at age 9

Give it a try!

Simple

Successful

Sustainable



44



# Learning Objectives

- Identify at least 3 benefits of starting HPV vaccination at age 9
- Discuss clinic strategies to support workflows for HPV vaccination starting at age 9

# Why is HPV vaccine given at such an early age?

- HPV vaccine works much better during the preteen years than when given later.
- Children who are vaccinated earlier need only two shots instead of three.
- Easier conversations: focus on cancer prevention NOT sex Improved on-time completion of HPV series by age 13.

For these reasons, it's better not to wait.

# There are many benefits to initiating the HPV vaccine series at age 9.

These include:

**1**  
Offers more time for completion of the series by the age of 13

**2**  
Results in a strong immune response to the HPV vaccine

**3**  
Increases the likelihood of vaccinating prior to first HPV exposure

**4**  
Decreases questions about sexual activity by parents and guardians

**5**  
Decreases requests for only vaccines that are "required" for school

**6**  
Decreases the number of administered shots per visit

**7**  
Increases vaccinations and therefore the number of cancers prevented

**8**  
Has been shown by several systems to increase vaccination rates

**9**  
Has been shown to be highly acceptable to systems, providers, and parents



# HPV vaccination starts at age 9

Giving a strong recommendation for HPV vaccination at age 9 will increase vaccine completion success and prevent more cancers.

# Getting vaccinated against HPV can help prevent certain types of cancer.

- HPV vaccination helps protect against six types of cancer.
- HPV vaccination can prevent more than 90% of HPV cancers when given at the recommended ages.
- More than 75% of US parents have chosen to protect their children from HPV cancer with the HPV vaccine.

# Which cancers can HPV vaccine prevent?

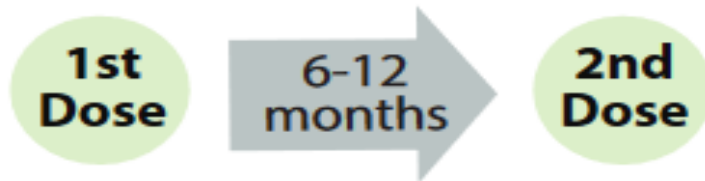
The vaccine protects against HPV types that cause:

- cervical, vaginal, and vulvar cancers in female
- penile cancers in males
- anal and throat cancers in females and males.

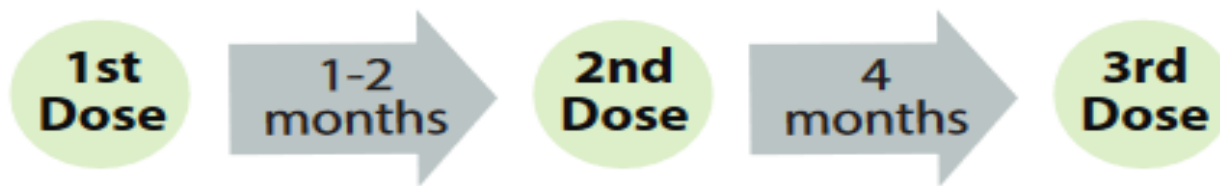
# When to vaccinated?

All girls and boys should get the HPV vaccine, usually between the ages of 9 and 12.

**Preteens ages 9-14 need two shots:**



**Teens age 15 and older need three shots:**





# HPV Vaccine – 2 or 3 Doses?

If starting at 9–14 Years

**2 DOSES**

**HPV9**  
Gardasil-9®

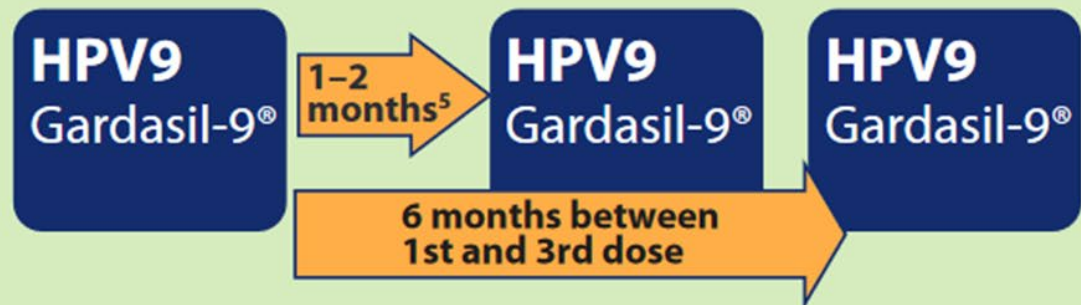
6–12  
months<sup>2</sup>

**HPV9**  
Gardasil-9®

# HPV Vaccine – 2 or 3 Doses?

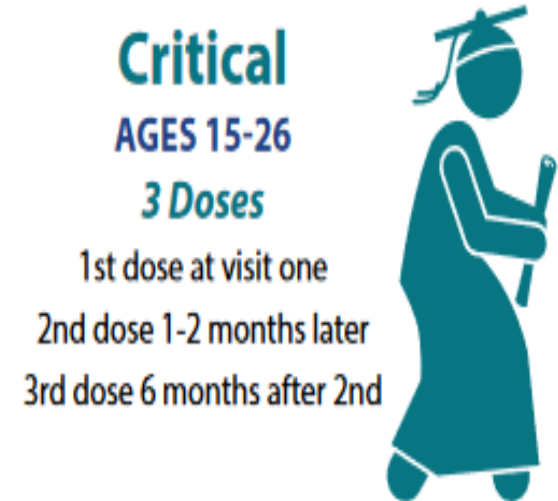
If starting at 15–45 years  
or with a compromised immune system at any age

**3 DOSES**



# Why age 9? Train your team

## Recommended Vaccination Schedule Guideline



It starts at age 9, give it a try!

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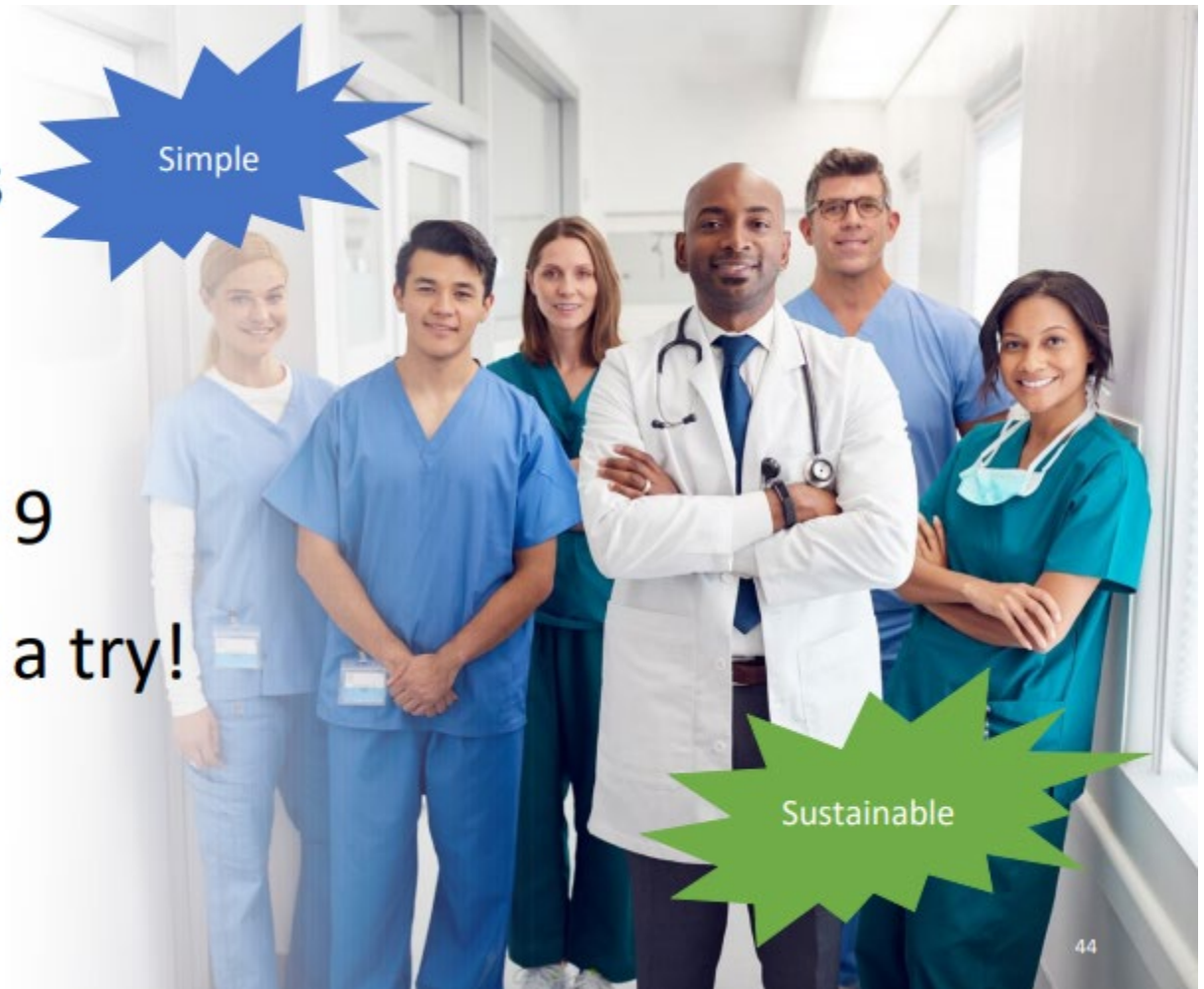
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# RESOURCES

[HPV Information for parents](#)

[HPV Vaccine Recommendations \[24 pages\]](#)

[HPV Materials for Patients](#)

Immunization Quality Improvement Providers (IQIP)

- Promote and support the implementation of provider-level quality improvement strategies designed to increase vaccine uptake. [clara.alvarez@maine.gov](mailto:clara.alvarez@maine.gov)

# Maine Immunization Program Contacts

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